



April Owen, Psy.D.  
Licensed Clinical Psychologist  
Dr\_o@live.com // (512) 980-4620

### INFORMED CONSENT CHECKLIST FOR TELEPSYCHOLOGICAL SERVICES

Prior to starting video-conferencing services, we discussed and agreed to the following:

- There are potential benefits and risks of telepsychology (e.g. potential limits to patient confidentiality) that differ from in-person sessions. Telepsychology includes therapy sessions conducted via video conferencing or phone.
- Confidentiality still applies for telepsychology services, and nobody will record the session without the permission from the others person(s).
- We agree to use the video-conferencing platform selected for our virtual sessions (Doxy.me), and the psychologist can/will answer any questions about how to use it. If video conferencing isn't viable or desired, we may also conduct sessions via phone.
- You need to use a computer with a webcam or a smartphone during video conferencing sessions. Be sure your camera and microphone are enabled on your computer or smartphone.
- It is important to be in a quiet, private space that is free of other people and of distractions during the session.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- It is important to be on time. If you need to cancel or change your telepsychology appointment, you must notify the psychologist in advance by phone, text, or email at least 24 hours before your scheduled appointment or you will be charged your full session fee. If you are running late to an appointment, please contact the psychologist to let her know. If you are 15 minutes late or more, the appointment will be cancelled and you will be charged for it.
- We need a back-up plan to restart the session or to reschedule it in the event of technical problems. This can be a phone call (you can call me at 512-980-4620), or another video conferencing platform. Please note that if you suggest or agree to another video conferencing option that is not HIPAA compliant, I cannot ensure the confidentiality of the session. If this is a concern to you, we should ONLY use the Doxy.me platform or phone calls for sessions.
- We need a safety plan that includes at least one emergency contact and a local resource in the event of a crisis situation. If you are a minor, that emergency contact will be your parent(s) and/or legal guardian(s). If you are an adult, this will be the emergency contact(s) you identified in your initial paperwork. If you are in Austin, a crisis option you should utilize is Integral Care's helpline at (512) 472-4357. If outside of Austin, call 9-1-1.
- If you are not an adult, we need the permission of your parent or legal guardian for you to participate in telepsychology sessions. A parent/guardian may grant their permission by signing this form.
- If you use insurance as a third party payor for therapy services with the psychologist, you should confirm with your insurance company that telepsychology sessions will be covered by your plan; if for any reason they are not covered, you will be responsible for full payment of telepsychology services that have or will occur.
- The same fees will be charged for in-person office visits as for telepsychology sessions.
- As your psychologist, I may determine that due to certain circumstances, telepsychology is no longer appropriate and I may choose to no longer schedule/hold such sessions.
- Verification of my psychologist license can be obtained online at this website: <https://www.tsbep.texas.gov/public-information-on-licensees>

Psychologist Name: April Owen, PsyD (Texas license # 34353)

Psychologist Signature:

Date:

Client Name (or parent/guardian if under 18):

Client Signature (or parent/guardian if under 18):

Date: